

The University of Jordan Accreditation & Quality Assurance Center

COURSE Syllabus

1	Course title	Internal Medicine I
2	Course number	1203601
3	Credit hours (theory, practical)	7 (practical)
3	Contact hours (theory, practical)	30 (practical)
4	Prerequisites/corequisites	Pharmacotherapy IV
5	Program title	<u>PharmD</u>
6	Program code	
7	Awarding institution	The University of Jordan
8	Faculty	Pharmacy
9	Department	Biopharmaceutics & Clinical Pharmacy
10	Level of course	undergraduate
11	Year of study and semester (s)	First and second semester of the 6th year
12	Final Qualification	<u>PharmD</u>
13	Other department (s) involved in teaching the course	<u>Pharmaceutics</u>
14	Language of Instruction	English
15	Date of production/revision	1 February 2016

16. Course Coordinator:

Office numbers, office hours, phone numbers, and email addresses should be listed.

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12-1 Sun Tues Thurs

17. Other instructors:

Office numbers, office hours, phone numbers, and email addresses should be listed.

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18. Course Description:

As stated in the approved study plan.

This hospital training is directed toward training the students to use the theoretical and basic principles of pharmacology, therapeutic and clinical courses in dealing with real cases to identify and resolve different treatment related problems in internal medicine. There are 4 different sub-specialties practiced over the semester (oncology and chemotherapy preparations, critical care, gastro-intestinal and nephrology). Each sub-specialty lasts for 2 to 3 weeks. Students are distributed so each student will be trained on 4 sub-specialties. During each rotation, students handle all the inpatient cases in the team under the supervision and direction of clinical pharmacists (MSc in clinical pharmacy or PharmDs). Students will also cover cases in outpatient clinics. Some of the activities done by students include: solving a case for TRPs, patient counseling, therapeutic drug monitoring, IV preparation, checking dosage regimen, checking drug interactions and assessing safety and efficacy of medications.

1. 19. Course aims and outcomes:

A- Aims:

- 1. To demonstrate the ability of students to search for specific guidelines and use of EBM for controversial area.
- 2. To learn problem solving skills and analysis when guidelines are unavailable or research in certain area are lacking.
- 3. To assess the ability of students to identify TRPs and to construct optimal care plan for the patient.
- 4. To demonstrate the ability of students to determine if the patient achieved the desired outcomes and to determine the appropriate time for follow up evaluation.
- 5. To demonstrate the ability of students to provide appropriate patient counseling.
- 6. To know the ability of students to check for the most significant drug-drug interactions among patient's medications and how to monitor and manage such interactions.
- 7. To assess the ability of students to communicate with health care providers and their ability to provide a clear recommendations to them.
- **B- Course Intended Learning Outcomes (ILOs):** Upon successful completion of this course students will be able to ... Successful completion of the course should lead to the following outcomes:
 - **A. Knowledge and Understanding:** To provide students with the knowledge related to internal 1 most common disorders, clinical manifestations, complications, goal of pharmacotherapy, patient education of selected disorders; as well as the knowledge of medications' mechanism of action, clinical uses, dosing and monitoring parameters.
 - **B. Intellectual Analytical and Cognitive Skills:** To enable students to identify drug-related problems and recommend the appropriate pharmacotherapy treatment through case discussion.
 - **C. Subject-Specific Skills:** Student is expected to: Develop the ability to design the rational pharmacotherapy regimen according to the patient specific condition

D. Transferable Key Skills:

- To enable students to have patient communication skill and provide information related to diseases and their management through browsing the Internet professional sites.
- To enable students to have the skill of data collection and interpretation from medical journal databases (MEDLINE, library) for EBM.

Program Competencies Achieved:

Patient Care

- 2.1 Recognize main physiological principles that govern normal body functioning
- 2.2 Identify pathophysiological basis of major human diseases
- 2.3 Identify indications, side effects and contraindications of medicines
- $2.4\ Identify\ drug\mbox{-}drug\ and\ drug\mbox{-}food\ interactions\ of\ medicines$
- 2.5 Identify basic principles of drug pharmacokinetics and recognize disease conditions and other factors that interfere with safety and efficacy of medicines
- 2.6 Assess patients medical records
- 2.7 Respect and protect the confidentiality of patient's information
- 2.8 Maintain, review and update medicine records of patients
- 2.9 Advise patients and other health professionals on proper usage of medicines including their strength, frequency, dosage form and route of administration

Interpersonal and communication:

- 5.1 Communicate effectively with patients and other healthcare professionals
- 5.2 Prepare and deliver presentations effectively
- 5.3 Express ideas, instructions and information in a clear and comprehensible manner
- 5.4 Considers audience feedback to verify their proper understanding
- 5.5 Respond effectively to enquiries presented by patients and other healthcare professionals
- 5.6 Exhibit negotiation and influencing skills to resolve conflicts
- 5.7 Build positive relationships with patients and other healthcare professionals
- 5.8 Acknowledge and respect cultural and religious differences among patients and colleagues
- 5.9 Listen to patients and respect their views and choice of treatment options

3

Teaching Methods

Lectures

20. Topic Outline and Schedule:

aries depending on sub-specialty ritical care	
Topic	References
Mechanical ventilation	Overview of mechanical ventilation, UpToDate 2014. Modes of mechanical ventilation, UpToDate, 2014. Oxford handbook of critical care, 3 rd edition, 2009.
Acid-base disorder	- Acid–Base Disorders, Pharmacotherapy-A pathophysiologic approach, Chapter 37, 9th ed.
Acute decompensated heart failure	 Acute decompensated heart failure, Pharmacotherapy-A pathophysiologic approach, Chapter 5, 9th ed. HFSA guideline, 2010. Applying Consensus Guidelines in the Management of Acute Decompensated Heart Failure, 2006.
Stress induce-ulcer prophylaxis	- Stress ulcer prophylaxis in the intensive care unit, UpToDate, 2014.
Choosing the sedative agents	 Sedative-analgesic medications in critically ill patients: Properties, dosage regimens, and adverse effects, UpToDate, 2014. Sedative-analgesic medications in critically ill patients: Selection, initiation, maintenance, and withdrawal, UpToDate, 2014
Sepsis, sever sepsis and septic shock Hypokalemia and Hyperkalemia	Sever Sepsis and septic shock, Pharmacotherapy-A pathophysiologic approach, Chapter 97, 9th ed. Surviving sepsis camping: international guidelines for management of ever septic and septic shock, 2013. Disorders of Potassium and Magnesium
management	 Homeostasis, Pharmacotherapy-A pathophysiologic approach, Chapter 36, 9th ed Treatment and prevention of hyperkalemia in adults, UpToDate, 2012. Clinical manifestations and treatment of hypokalemia, UpToDate, 2013.
Compatibility of IV mixtures with different diluents and their stability	- Handbook on Injectable Drugs, Trissel - http://www.globalrph.com/
astrointestinal/Nephrology	
Acute pancreatitis	Acute pancreatitis guideline 2013 (Clinical Management of Patients With Acute Pancreatitis, GASTROENTEROLOGY 2013;144:1272– 1281),
PUD	PUD guideline 2007 (Am Fam Physician 2007;76:1005-12,

	1013. Copyright © 2007 American Academy of Family Physicians)
	Tables from Management of duodenal ulcers in patients infected with Helicobacter pylori (Causes of refractory or recurrent peptic ulcer disease) (American College of Gastroenterology first-line <i>H. pylori</i> regimens (adult dosing, oral administration)
Endoscopy	Uptodate : Patient information: Upper endoscopy (The Basics)
GERD	Uptodate : Medical management of gastroesophageal reflux disease in adults .
	Uptodate: Patient information: Acid reflux (gastroesophageal reflux disease) in adults (The Basics)
	Approach to refractory gastroesophageal reflux disease in adults: Management algorithm of GERD patient who failed PPI once daily
IBD (crohn's disease / ulcerative colitis)	Guidelines for the management of inflammatory bowel disease in adults , British guideline 2010 OR: Management of Crohn's Disease in Adults , 2009 , merican College of Gastroenterology Ulcerative Colitis Practice Guidelines in Adults: American College of Gastroenterology, 2010
	Uptodate : Management of patients with a colostomy or ileostomy
	Uptodate: Patient information: Colostomy care (The Basics)
	Uptodate : Pouchitis: Management
Cirrhosis	UpToDate: 1- Cirrhosis in adults_Overview of complications, general management, and prognosis. 2- Ascites in adults with cirrhosis_Initial therapy 3- Hepatic encephalopathy in adults_Treatment. 4- Portal hypertension in adults 5- Patient information_Esophageal varices (The Basics) 6- Coagulation abnormalities in patients with liver
	disease 7- Hepatorenal syndrome

Content	Reference	Week	ILO/s
Using different equations to estimate creatinine clearance or GFR in case of acute or	Dipiro chap: 50	Throughout the rotation	Students should be familiar with different types of equations and the conditions used in.

	Stable kidney function.	
	dialysis and its complications such as	

	anemia, renal osteodystrophy, electrolytes abnormalities, hypotension, cramps, infectionetc. Dipiro chap: 54		Risk factors Classification and diagnosis Using the suitable equation to the efficacy and adequacy of dialysis procedure Differentiation between peritoneal dialysis and hemodialysis Prevention and management of dialysis complications: Anemia Secondary renal osteodystrophy Secondary HTN Infection Thromboembolism Electrolytes abnormalities. Medication (Exact mechanism of action, major SE and the mechanism of SE, Drug-Drug interaction). Management and prevention of dialysis complications Patient education about dialysis.
Acute Kidney Injury	Acute Kidney Injury, UK Renal Association 5th Edition, 2011 Dipiro Chap: 51	Throughout the rotation	students should be familiar with the following Definition Risk factors Classification Differentiation of different types of AKI as: Pre-renal AKI. Intrinsic renal AKI. AKI alone. AKI on top of CKD. Using the proper equation to calculate the GFR in case of AKI, and if any dosage adjustment is needed. Medication (Exact mechanism of action, major SE and the mechanism of SE, Drug-Drug interaction). Prevention and

Oncology

Content	Referenc e	Week	ILO/s
Chemotherapy induced nausea and vomiting	NCCN	Throughout the rotation	students should be familiar with the following: Definition Risk factors Classification Anti-emesis medication (Exact mechanism of action, major SE Drug-Drug interaction). Proper prophylaxis Management of nausea and vomiting in case of prophylaxis failure Patient education.
Pain management	NCCN	Throughout the rotation	students should be familiar with the following: Causes Classification of severity Opioid (mechanism of action, major SE and the mechanism of SE) Management of pain in cancerous patient Management of pain with adjuvant agents. Patient education about HTN.
Anemia related to chemotherapy	NCCN	Throughout the rotation	students should be familiar with the following: Symptoms and Causes of anemia RBC transfusion indication, advantage and SE and target level Management with Erythropoietin and SE Patient education.
Infection related to cancer	NCCN	Throughout the rotation	students should be familiar with the following:

П	_	T	
			Most common suspected infection Risk factor for infection. Different antibiotic, antifungal and antiviral medications (mechanism of action, major SE and the mechanism of SE) Management of neutropenic fever When to use prophylaxis for different type of cancer Patient education.
Myeloid growth factor	NCCN	Throughout the rotation	students should be familiar with the following: definition different type of colony stimulating factor (mechanism of action, major SE use of CSF as prophylaxis Patient education about CSF. students should be familiar
VTE in cancer patient	NCCN	Throughout the rotation	with the following: Causes Risk factor Anticoagulants (mechanism of action, major SE Management of HIT When to use of VTE prophylaxis. Treatment of VTE and PE
Neutropenic fever treatment	IDSA 2010	Throughout the rotation	students should be familiar with the following: definition treatment of choice, use of CSF as treatment Patient education about NF. Treatment of Afebrile neutropenia Monitoring parameters
Hypercalcemia in malignancy	Uptodate	Throughout the rotation	students should be familiar with the following: Causes Classification of severity

Tumor lysis syndrome TLS	Journal of oncology	Throughout the rotation	Different medications to treat hypercalcemia (mechanism of action, major SE Management of hypercalcemia with adjuvant agents. Patient education about hypercalcemia. students should be familiar with the following: Definition Causes Classification of severity Agents use as propylaxis (mechanism of action, major SE Management of TLS. Patient education
Oral and enterotoxicity of chemotherapy 1-Xerestomia and mucosities 2-anorexia	Uptodate	Throughout the rotation	about TLS. students should be familiar with the following: Common SE of
3-oral candidacies -Cardiotoxicity of anthracycline	Uptodate	Throughout the rotation	chemotherapy Causes and pathophysiology Classification of severity (grading
-Cystities			system of SE) • Agents use as
Pharmacology and Toxicity of chemotherapy agents -Platinium agents (ex.Cisplatin) -Anthracyclines ex.doxorubucin -Vina alkaloid ex.Vincristine -Methotrexate, Etoposide, Ara-C, Ifosphamide and cyclophosmaimde, Docetaxel, Infliximab	Uptodate/ Dipiro DI handbook- oncology	Throughout the rotation	propylaxis Management of toxicity specific agent. Patient education.
Common chemotherapy regimen used for cancer ALL, AML, NHL, HL and colorectal cancer	Up to date -Dipiro -others	Throughout the rotation	students should be familiar with the most common protocols and toxicity
2.			

21. Teaching Methods and Assignments:

Development of ILOs is promoted through the following teaching and learning methods:

ILO/s	Learning Methods	Evaluation Methods
A B C D	-Hospital Clinical Pharmacy rounds -Hospital Medical rounds (with MD consultants) -Homework and Assignments -Presentation.	-Exam -Oral Discussions -Pharmacy practice manualHomework and assignments -Quiz, presentation.

Learning skills:

Critical thinking Digital literacy

Problem-solving skills

Self-directed learning

Scientific reasoning

Communication skills Team and group working

22. Evaluation Methods and Course Requirements:

Opportunities to demonstrate achievement of the ILOs are provided through the following assessment methods and requirements:

- -Exam
- -Oral Discussions
- -Pharmacy practice manual.
- -Homework and assignments
- -Quiz, presentation

23. Course Policies:

A- Attendance policies:

Being 15 minutes late for two days is considered as one absence

One absence is given first warning

Two absences merits dismissing student from class

Other hospital clerkship specific policies:

In each training course the students will be divided into groups. Each group will undergo training in the hospital for two weeks -daily (Sunday-Thursday), from (8.00 AM-2:00 PM).

- Students will require doing the following during their internship:

- 1. Students must attend a minimum of 2 teaching rounds per week.
- 2. Students will be responsible for one full case 1st week (follow up until DISCHARGE), then two cases per week.
- 3. Students must conduct full patient interview and counseling for full case, otherwise case will not be accounted for, and student must submit another case or receive a "zero" for that certain case.
- 4. Students must pick their main full case within the first 2 days of the week (Sunday or Monday), By Tuesday, they must have read about the disease and medications and prepared primary PCP. Students will be asked about their cases and input on their cases during the week.
- Students must attend daily morning report and clinical pharmacy round and be prepared for any questions the preceptor may have regarding their case as well as cases that other members of their group have.
- Students will have a weekly case discussion (during same week of particular cases) with their supervisor and must be fully prepared. Anything regarding disease, pharmacotherapy or pharmacology of drugs may be asked.
- 7. Students will be assigned a topic by their preceptor in whom they must prepare a brief presentation (no longer than ten minutes). There will be one presentation per student per rotation. Topic will be assigned by preceptor.
- 8. Attendance will be taken daily, and a tardiness of 15 minutes or more will be considered an absence.
- 9. If a student is caught cheating or filling manual with false data then he/she will receive a zero in the area they are caught cheating in.

*** At the beginning of each week (Sunday) except the first week, students must submit full cases. Marks will be deducted for late submission.

B- Absences from exams and handing in assignments on time:

Will result in zero achievement unless health report or other significant excuse is documented.

C- Health and safety procedures:

Before training, it is mandatory to get blood tests for Hepatitis B, C and HIV.

Flue and H1N1 vaccination are obligatory to obtain prior to training

D- Honesty policy regarding cheating, plagiarism, misbehavior:

The participation, the commitment of cheating will lead to applying all following penalties together

- 1) Failing the subject he/she cheated at
- 2) Failing the other subjects taken in the same course
- 3) Not allowed to register for the next semester. The summer semester is not considered as a

semester

E- Grading policy:

Evaluation	Point %	Date
Assessment, evaluation and	5	Determined with each students
Attitude		group
Presentations	5	Starting from the Tuesday of 1st
		week of each rotation.
Discussion with PhD holder	10	Arranged with the PhD holder
Homework and	10	Short assignments and
Assignments/quizzes		homework on daily basis during
		the rotation.
Oral case discussion of cases	15	At the beginning of each week
		(Sunday) except the first week
Pharmacy practice manual	15	At the beginning of each week
grading		(Sunday) except the first week,
		students must submit full cases
Final Exam	40	

 $[\]mbox{\sc F-}$ Available university services that support achievement in the course:

Classrooms, internet classes, hospital training site at RMS, JUH and PHH

24. Required equipment:

Data-show and internet connection

25. References:

A- Required book (s), assigned reading and audio-visuals:

ISBN	Title	Author	Year
978- 1585283- 28-6	Extemporaneous Formulations for Pediatric, Geriatric, and Special Needs Patients, 2nd Edition	Rita K. Jew, Winson Soo-Hoo, Sarah C. Erush	
978- 1585283- 42-2	Extended Stability for Parenteral Drugs, 5th Edition	Bing, Caryn Dellamorte and Nowobilski-Vasilios, Anna Nowobilski- Vasilios	

978-1-4496-	Cancer Therapy: Prescribing and	Trinh Pham, Lisa	
3397-4	Administration Basics	Holle	2015
		Michael C. Perry,	
ISBN: 978-1-	The Chemotherapy Source Book,	M.D.; Donald C. Doll,	
4511-0145-	Fifth Edition	M.D.; and Carl E.	
4		Freter, M.D.	2012
		Lisa C. Hutchison,	
		Pharm.D., MPH,	
	Fundamentals of Geriatric Pharmacotherapy: An Evidence- Based Approach	FCCP, BCPS; and	
978-1-		Rebecca B. Sleeper,	
58528-228-		Pharm.D., FASCP,	
9		BCPS	2010
		Virginia Burggraf,	
978-	Healthy Aging: Principles and	Kye Y. Kim, Aubrey L.	
1451191042	Clinical Practice for Clinicians	Knight	2014
		Baughman VL,	
978-1-	Anesthesiology & Critical Care	Golembiewski J,	
59195-298-	Drug Handbook, 10th Edition	Gonzalez JP, Alvarez	
5		W	2011
978-1-4511-	Antibiotic Basics for Clinicians,		
1221-4	Second Edition	Alan R. Hauser	2012
		Brian K. Alldredge,	
		Pharm.D.; Robin L.	
		Corelli, Pharm.D.;	
		Michael E. Ernst,	
		Pharm.D.; B. J.	
	Applied Therapeutics: The Clinical	Guglielmo Jr.,	
	Use of Drugs, 10th Edition	Pharm.D.; Pamala A.	
		Jacobson, Pharm.D.;	
		Wayne A. Kradjan,	
978-1-		Pharm.D.; and	
60913-713-		Bradley R. Williams,	
7		Pharm.D	2012
	Dhanna aoth arany. A	Joseph DiPiro,	
	Pharmacotherapy: A	Pharm.D., FCCP;	
978-0-07-	Pathophysiologic Approach, Ninth	Robert Talbert,	
180053-2	Edition	Pharm.D., FCCP,	2014

		BCPS; Gary Yee,	
		Pharm.D., FCCP;	
		Barbara Wells,	
		Pharm.D., FASHP,	
		FCCP, BCPP; and L.	
		Michael Posey, BS	
		Pharm	
978-		ACCP	
1932658-	Gastroenterology and Nutrition I		
248	and II - PSAP-VII, Book 11		2012
978-1-	N l lD l' III l	ACCP	
932658-56-	Neurology and Psychiatry I, II, and		
9	III – PSAP-VII, Book 10		2012
978-1-	Infectious Diseases I, II, and III –	ACCP	
932658-55-	PSAP-VII, Book 9		
2	r SAr - v II, DOOK 9		2012
ISBN: 978-1-	Geriatrics I, II, and III – PSAP-VII,	ACCP	
932658-53-	Book 7		
8	BOOK 7		2011
978-1-	Oncology I, II, and III – PSAP-VII,	ACCP	
932658-52-	Book 6		
1	Book o		2011
978-1-	Critical and Urgent Care I, II, and III – PSAP-VII, Book 2	ACCP	
932658-46-			
0	,		2010
978-1-	Critical and Urgent Care - PSAP	ACCP	
880401-01-	2014 Book 1		
09			2014
ISBN-13: 78-	Cardiology and Endocrinology –	ACCP	
1-932658-	PSAP 2013 Book 1		
93-4			2013
ISBN-13:		ACCP	
978-1-	Special Populations – PSAP 2013		
932658-97-	Book 2		2010
2 ICDN 42	Cl : Ill BOAD COA 4		2013
ISBN-13:	Chronic Illnesses - PSAP 2014	ACCID	601
978-1-	Book 2	ACCP	2014

939862-07- 5			
978-1- 58528-343- 9	Basic Skills in Interpreting Laboratory Data, Fifth Edition	Mary Lee	2013

- B- Recommended books, materials, and media:
 - 1. Clinical Pharmacy and Therapeutics, ed. Walker & Edwards, 5th edition, 2012
 - 2. Basic & Clinical Pharmacology, ed. Katzung, 12 th edition

Dean: ------Signature: -----

26. Additional information:					
Name of Course Coordinator: Amal Akour-Signature: Date:Feb, 8, 2016					
Head of curriculum committee/Department:Signature:					
Head of Department: Nailya Bulatova Signature:					
Head of curriculum committee/Faculty: Signature:					

<u>Copy to:</u> Head of Department Assistant Dean for Quality Assurance Course File